

# Trajenta® has built a unique CVOT dataset across more than 13,000 T2D patients in CARMELINA and CAROLINA\*1-6

CARMELINA 1-3

CAROLINA 4-6

Recently, the long-term CV and kidney safety profile of Trajenta® has been comprehensively assessed via prespecified CARMELINA and CAROLINA subgroup analyses in 2,000+ patients aged 75 and older<sup>3,6</sup>.

< 65 Years  
(6026 Patients)

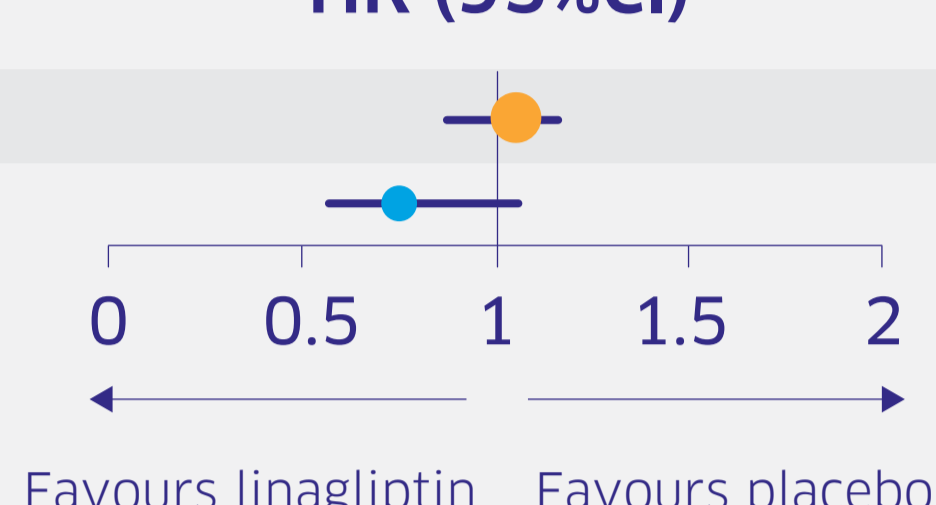
65 to 74 Years  
(4929 Patients)

≥ 75 Years  
(2057 Patients)

In CARMELINA, Trajenta® did not increase the risk of CV or kidney events, compared to placebo, in patients aged 75 years or older<sup>1,3</sup>.

Primary Endpoint (3P-MACE)<sup>†</sup>

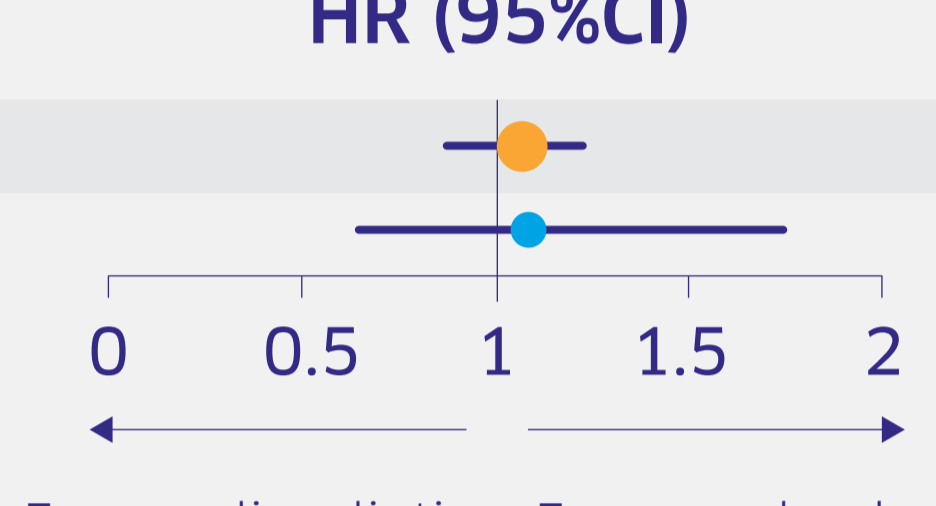
HR (95%CI)



Total Population ≥ 75 Years  
P value for interaction = 0.0937

Key Secondary Endpoint (Kidney Outcome)<sup>‡</sup>

HR (95%CI)

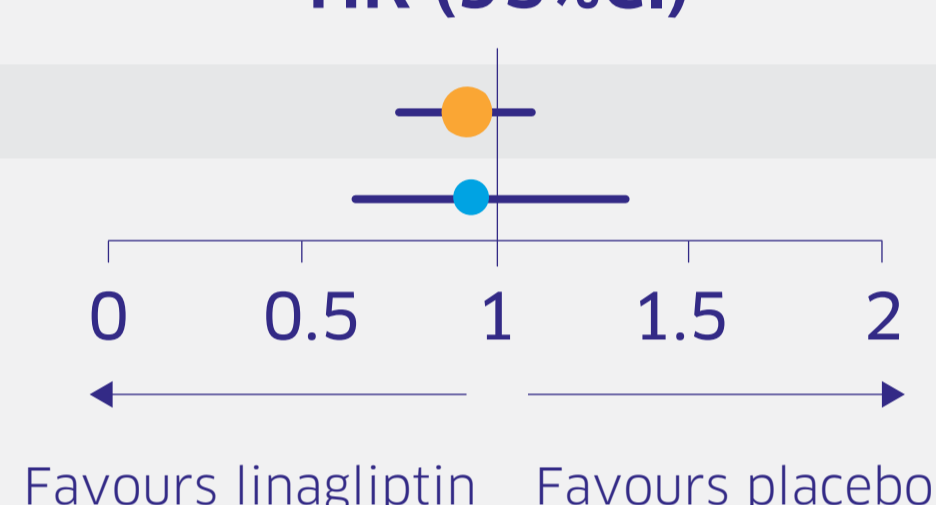


Total Population ≥ 75 Years  
P value for interaction = 0.9968

Furthermore, in patients aged 75 years or older in CARMELINA, Trajenta® was not associated with an increased risk of hospitalisation for heart failure<sup>5</sup>.

Exploratory Endpoint (HHF)<sup>§</sup>

HR (95%CI)



Total Population ≥ 75 Years  
P value for interaction = 0.9788

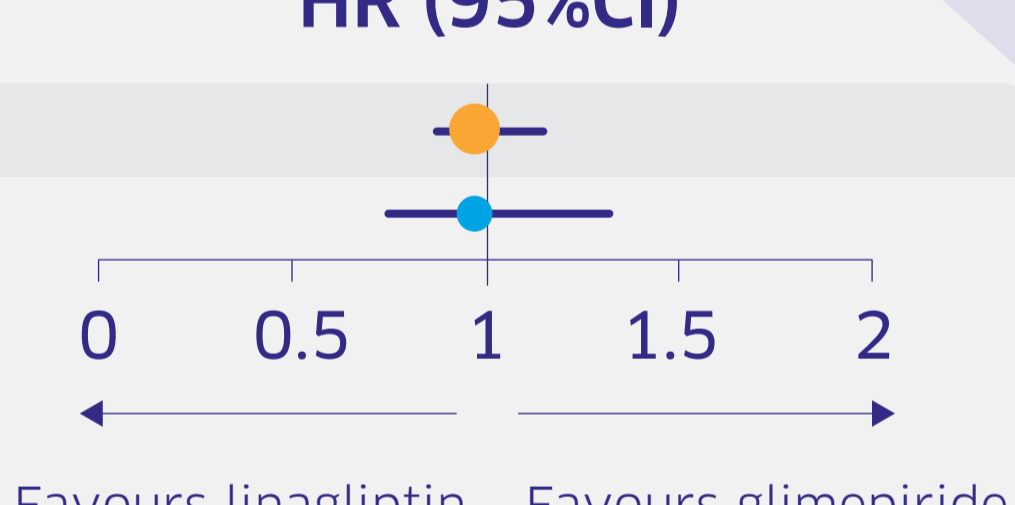
New in 2020!

In CAROLINA, Trajenta® did not increase the risk of CV events, compared to glimepiride, in patients aged 75 years or older<sup>4,6</sup>.

There was a lower risk of hypoglycemia with Trajenta®, compared to glimepiride<sup>4,5,6</sup>.

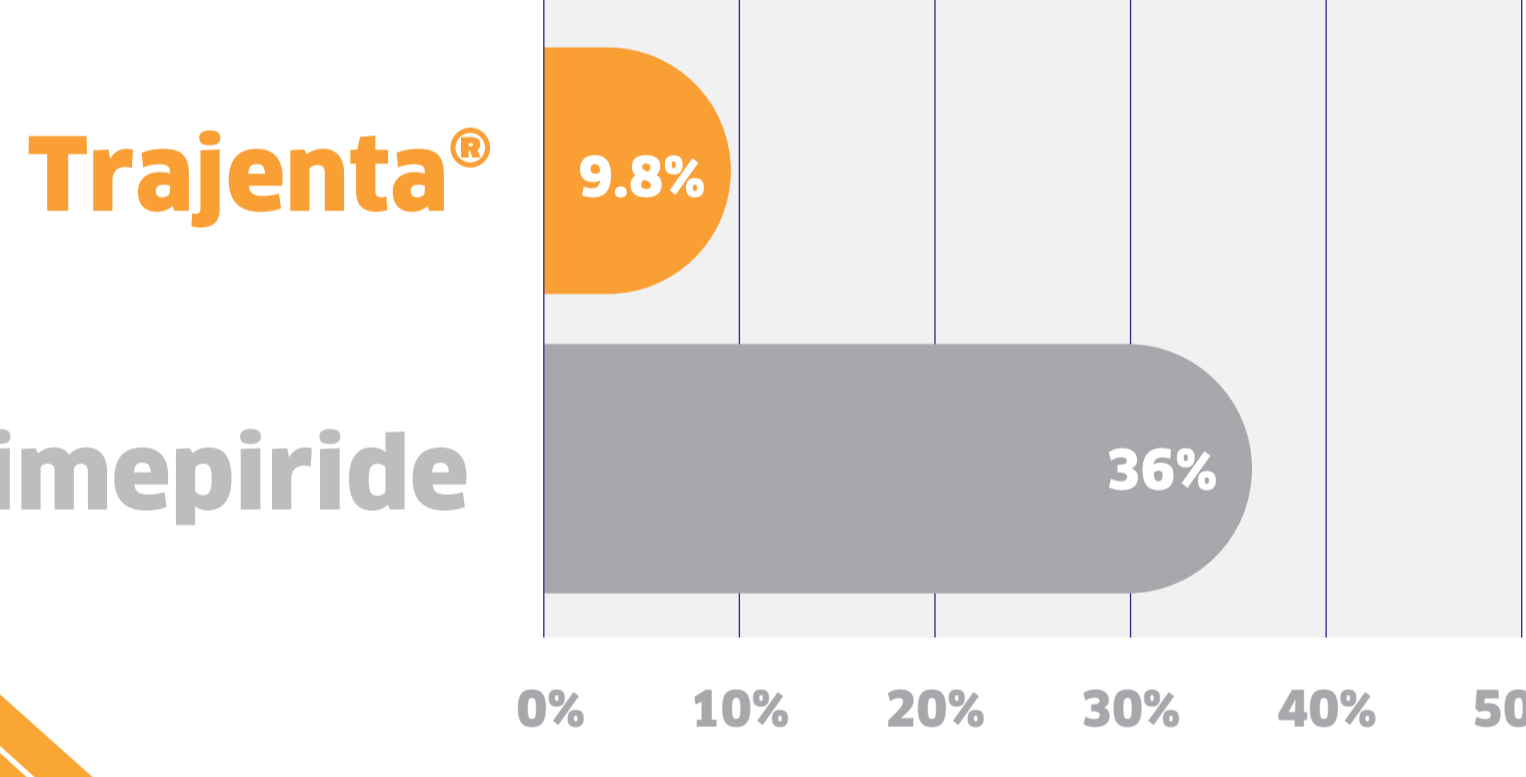
Primary Endpoint (3P-MACE)<sup>††</sup>

HR (95%CI)

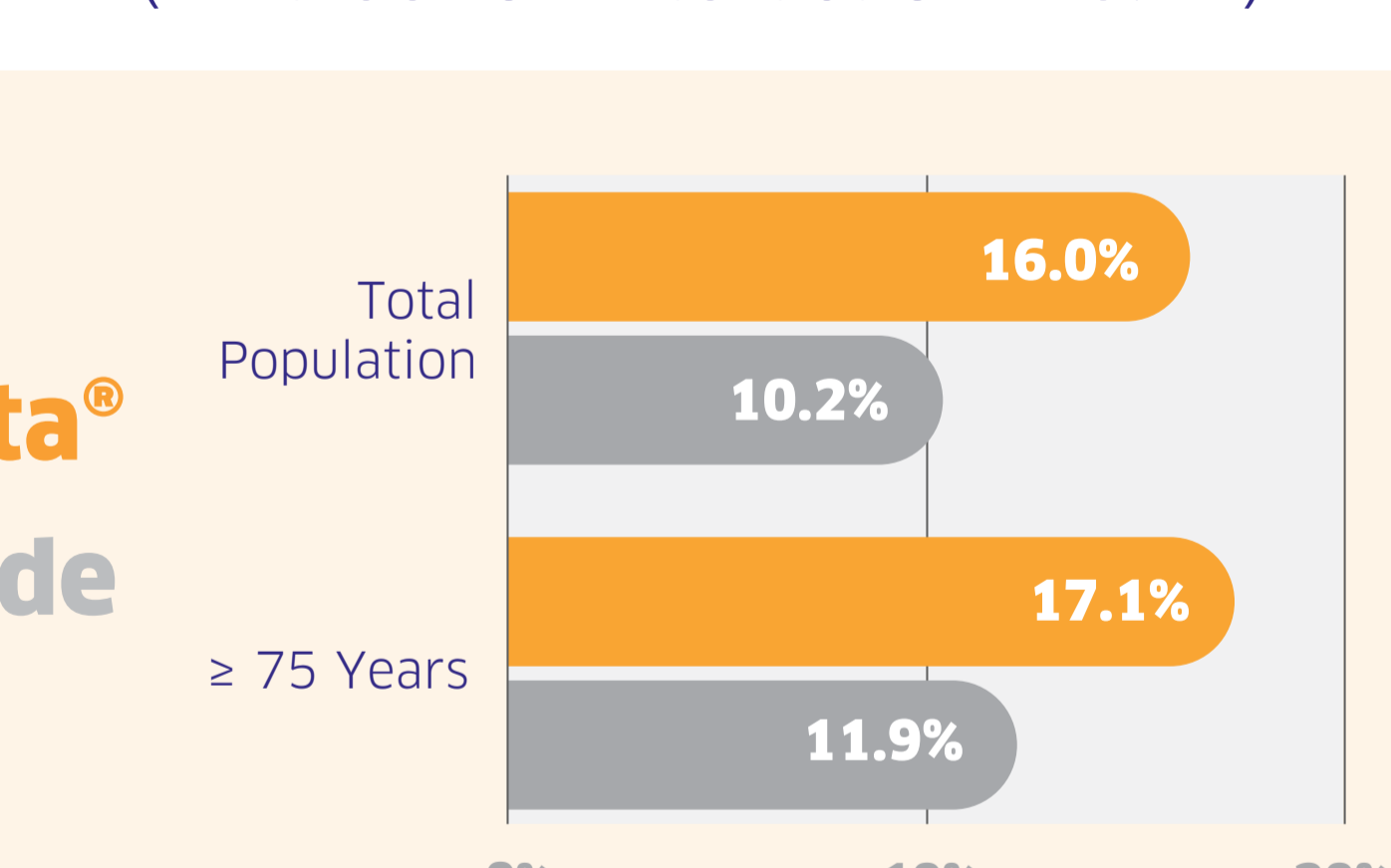


Total Population ≥ 75 Years  
P value for interaction = 0.3949

Percent of patients aged 75 and older experiencing a hypoglycaemic event<sup>\*\*</sup>



Percent of patients meeting the Composite Endpoint<sup>\*\*</sup> (P value for interaction = 0.23)



Importantly, more patients taking Trajenta® achieved target HbA<sub>1c</sub> without hypoglycaemia, weight gain and rescue medication<sup>\*\*</sup>.

Trajenta® Glimepiride

Proven HbA<sub>1c</sub> lowering efficacy<sup>7</sup>

Convenience with always one dose once daily<sup>8</sup>

Trajenta® is the only globally-available DPP4i that combines proven efficacy, a demonstrated CV and kidney safety profile, and the unique convenience of always one dose, once daily.



Demonstrated long-term CV and kidney safety profile<sup>1,5</sup>

A broad range of T2D patients\*\* can benefit from the Simplicity of Trajenta®



**Footnotes**  
 \* CARMELINA included 6,979 patients with albuminuria and/or previous macrovascular disease and/or impaired kidney function with or without CV comorbidities. CAROLINA\* included 6,033 patients with one or more of the following: a) previous vascular disease, b) evidence of vascular-related end-organ damage, c) age ≥ 70 years and d) ≥ 2 CV risk factors (smoking, hypertension, T2D duration ≥ 10 years, dyslipidemia). † When added to standard of care. ‡ The CARMELINA primary endpoint was the time to first occurrence of any of the following components: CV death, death, non-fatal MI, non-fatal stroke. The primary endpoint occurred in 434/3,494 (12.4%) and 420/3,485 (12.1%) patients in the linagliptin and placebo groups, respectively (HR: 1.02; 95% CI: 0.89, 1.17). HR for time to 3P-MACE based on Cox regression analyses in patients treated with at least 1 dose of study drug for < 65 years, HR: 1.13 (95% CI: 0.89, 1.40); for 65 to 74 years, HR: 1.09 (95% CI: 0.89, 1.33); for ≥ 75 years, HR: 0.76 (95% CI: 0.57, 1.02). P value for treatment by age interaction = 0.0937. Median observation time was 2.2 years. CVOT, 1.5-2.9 years for Trajenta® and 2.2 years for placebo. The primary aim was to establish noninferiority of linagliptin compared with placebo for time to 3P-MACE, defined by the upper limit of the 2-sided 95% CI for the HR of linagliptin relative to placebo being less than 1.3. A sequentially rejective multiple test procedure was applied, first testing the primary hypothesis of noninferiority for linagliptin (p=0.001), and only if this first test was significant, followed by 2 parallel confirmatory superiority tests (not statistically significant: α=0.76). ‡ The CARMELINA key secondary endpoint was the time to first occurrence of any of the following components: Death due to kidney disease, sustained ESRD or a sustained decrease of ≥40% in eGFR from baseline. The key secondary kidney endpoint occurred in 327/3,494 (9.4%) and 306/3,485 (8.8%) patients in the linagliptin and placebo groups, respectively (HR: 1.04 (95% CI: 0.85, 1.27); p=0.62). HR for time to secondary kidney endpoint based on Cox regression analyses in patients treated with at least one dose of study drug for < 65 years, HR: 1.09 (95% CI: 0.85, 1.39); for 65 to 74 years, HR: 1.06 (95% CI: 0.81, 1.38); for ≥ 75 years, HR: 1.06 (95% CI: 0.84, 1.33). P value for treatment by age interaction = 0.9968. Median observation time was 1.3 years. 1.2-2.6 years for Trajenta® and 1.7 years for placebo. § HHF was an exploratory endpoint. HHF occurred in 209/3,494 (6.0%) vs 226/3,485 (6.5%) patients in the linagliptin and placebo groups, respectively (HR: 0.90 (95% CI: 0.74, 1.08) p=0.26). HR based on Cox regression analyses in patients treated with at least one dose of study drug for < 65 years, HR: 0.87 (95% CI: 0.63, 1.21); for 65 to 74 years, HR: 0.89 (95% CI: 0.67, 1.18); for ≥ 75 years, HR: 0.92 (95% CI: 0.63, 1.39). P value for treatment by age interaction = 0.9788. Because both the parallel confirmatory tests for superiority of the primary outcome (3P-MACE) and the key secondary outcome (composite kidney outcome) in the overall population were not significant (p=0.74 and p=0.62 for superiority, respectively), all subsequent analyses and outcomes are considered exploratory. ¶ Trajenta® is indicated in adults with type 2 diabetes mellitus as an adjunct to diet and exercise to improve glycaemic control as monotherapy, when these do not provide adequate glycaemic control. Trajenta® is contraindicated in those with hypersensitivity to any of the active substances or excipients, is not licensed for paediatric use and should not be used in pregnant women. †† The CAROLINA primary endpoint was defined as non-inferiority of Trajenta® vs. glimepiride in time to first occurrence of CV death, non-fatal MI, or non-fatal stroke. The primary endpoint occurred in 356/3,023 (11.8%) and 362/3,010 (12.0%) patients in the linagliptin and glimepiride groups, respectively (OR: 1.08; 95% CI: 1.42, 1.56). For patients < 65 years, the key secondary endpoint occurred in 14.0% and 8.6% of patients in the linagliptin and glimepiride groups, respectively (OR: 1.73; 95% CI: 1.37, 2.18); for patients 65 to 74 years, the key secondary endpoint occurred in 18.5% and 11.7% of patients in the linagliptin and glimepiride groups, respectively (OR: 1.71; 95% CI: 1.34, 2.18); for patients ≥ 75 years, the key secondary endpoint occurred in 17.1% and 11.9% of patients in the linagliptin and glimepiride groups, respectively (OR: 1.52; 95% CI: 1.03, 2.24). P value for treatment by age interaction = 0.8446. Because the confirmatory test for superiority of the primary outcome, 3P-MACE, in the overall population was not significant (p=0.76 for superiority), all subsequent analyses are considered exploratory. \*\* Percentage of patients experiencing a hypoglycaemic event in the overall study cohort was 13.1% for linagliptin and 42.1% for glimepiride (HR: 0.25 (95% CI: 0.19, 0.33) non-inferiority p=0.0001). Percentage of patients experiencing a hypoglycaemic event in patients aged 75 and older was 9.8% for linagliptin and 36% for glimepiride. The risk for moderate or severe hypoglycaemia in the overall study cohort was substantially lower with linagliptin than glimepiride (HR=0.18 (95% CI: 0.15, 0.22) with no evidence of heterogeneity across age groups (p=0.23 for treatment-by-age-group interaction). Moderate: Investigator-reported episode of symptomatic hypoglycaemia with plasma glucose <70 mg/dL. Severe: Requiring the assistance of another person to actively administer carbohydrate, glucagon, or other resuscitative actions. Kaplan-Meier estimated. HR and 95% CI derived from Cox regression with factor treatment; 2-sided p-value. Because the confirmatory test for superiority of the primary outcome, 3P-MACE, in the overall population was not significant (p=0.76 for superiority), all subsequent analyses and outcomes are considered exploratory.

**Abbreviations**  
 CV: Cardiovascular; eGFR: Estimated glomerular filtration rate; ESRD: End stage renal disease; HHF: Hospitalisation for heart failure; HR: Hazard ratio; IQR: Interquartile range; MI: myocardial infarction; OR: Odds ratio

**References**  
 1. Rosenstock J, et al. JAMA 2019; 321: 69-79. 2. Rosenstock J, et al. Diabetologia 2020; 1-12. 3. Cooper ME, et al. Diabetes Obes Metab. 2020; 22: 164-74. 4. Marx N, et al. Diab Vasc Res. 2015; 12: 164-74. 5. Rosenstock J, et al. JAMA. 2019; doi:10.1001/jama.2019.13772. 6. Espeland MA, et al. Diab Obes Metab. 2020; 22: 1111/1111/1111. 7. Del Prato S, et al. J Diab Comp. 2015; 27:274-9. 8. Trajenta® Summary of Product Characteristics, October 2019.

**Short version of the EU Summary of Product Characteristics (SPC)**  
 Medicinal Product: Trajenta® 5mg film-coated tablets

Each tablet contains 5 mg of linagliptin. For the full list of excipients, consult section 6.1 of the full SPC. **Therapeutic indications:** Trajenta is indicated in adults with type 2 diabetes mellitus as an adjunct to diet and exercise to improve glycaemic control as monotherapy, when metformin is inappropriate due to intolerance, or contraindicated due to renal impairment. **Contraindications:** Trajenta is contraindicated in those with hypersensitivity to any of the active substances or excipients, including insulin, when these do not provide adequate glycaemic control. **Posology and method of administration:** **Posology:** The dose of linagliptin is 5 mg once daily. When linagliptin is added to metformin, the dose of metformin should be maintained, and linagliptin administered concomitantly. When linagliptin is used in combination with a sulphonylurea or with insulin, a lower dose of the sulphonylurea or insulin, may be considered to reduce the risk of hypoglycaemia. **Renal impairment:** For patients with renal impairment, no dose adjustment for linagliptin is required. **Hepatic impairment:** Pharmacokinetic studies suggest that no dose adjustment is required for patients with hepatic impairment but clinical experience in such patients is lacking. **Pediatric population:** The safety and efficacy of linagliptin in children and adolescents has not yet been established. No data are available. **Method of administration:** The tablets can be taken with or without a meal at any time of the day. If a dose is missed, it should be taken as soon as the patient remembers. A double dose should not be taken on the same day. **Contraindications:** Hypersensitivity to the active substance or any of the excipients. **Special warnings and precautions for use:** Trajenta should be used in patients with type 1 diabetes or in the treatment of diabetic ketoacidosis. **Hypoglycaemia:** Linagliptin alone showed a comparable incidence of hypoglycaemia to placebo. In clinical trials of linagliptin as part of combination therapy with medicinal products known to cause hypoglycaemia (metformin), rates of hypoglycaemia reported with linagliptin were similar to rates in patients taking placebo. When linagliptin was added to a sulphonylurea (on a background of metformin), the incidence of hypoglycaemia was increased over that of placebo. Sulphonylureas and insulin are known to cause hypoglycaemia. Therefore, caution is advised when linagliptin is used in combination with a sulphonylurea and/or insulin. A dose reduction of the sulphonylurea or insulin may be considered. In the CAROLINA study, bullous pemphigoid was reported in 0.2% of patients on treatment with linagliptin and in no patient on placebo. If bullous pemphigoid is suspected, Trajenta should be discontinued. **Interaction with other medicinal products and other forms of interaction:** Linagliptin is considered unlikely to cause interactions with other P-gp substrates. Clinical data suggest that the risk for clinically meaningful interactions by co-administered medicinal products is low. For more detailed information on interactions with linagliptin, please consult the full version of the SPC. **Pregnancy and lactation:** The use of linagliptin has not been studied in pregnant women. As a precautionary measure, it is preferable to avoid the use of linagliptin during pregnancy. **Effects on ability to drive and use machines:** Linagliptin has no or negligible influence on the ability to drive and use machines. However, patients should be alerted to the risk of hypoglycaemia especially when combined with sulphonylurea and/or insulin. **Undesirable effects:** **Linagliptin 5 mg daily as monotherapy or as add-on therapy** (in clinical studies, post-marketing experience, or cardiovascular outcome trials): very common (≥ 1/10): hypoglycaemia (observed in combination with metformin plus sulphonylurea); common (≥ 1/10 to < 1/10): increased appetite; uncommon (≥ 1/1,000 to < 1/100): nasopharyngitis, hypersensitivity (e.g. bronchial hyperreactivity), cough, constipation (observed in combination with insulin), rash, amyotrophy (increased; rate to < 1/1,000 to < 1/1,000); pancreatitis, angioedema, urticaria, bullous pemphigoid. **Reporting of suspected adverse reactions:** Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system. **Revision date:** October 2019